



ELEMIS SKIN THERAPY SKIN

Developed by a specialized team, with extensive clinical and scientific studies, Elemis professional spa-therapies are world renowned for their powerful massage sequences combined with the most dynamic actives, available in the world today. Escape from the pressures of daily life and make time for you.

Elemis Skin Specific Facials

Elemis Fruit Active Glow - 60mins - €70.00

This facial will bring back the glow to tired, dull and lifeless complexions. Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful skin conditioning actives nourish and renew vital radiance.

Elemis Exotic Moisture Dew - 60mins - €70.00

For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect. Following a deep cleanse and nourishing facial massage, the skin is fed with moisture giving actives that will bring back that healthy, dewy look to the skin.

Herbal Lavender Repair -60mins- €70.00

For perfect restoration of skin balance, this facial helps to heal and repair oily and congested skin. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

Elemis Taster Facial - 30mins €40.00

This introductory facial will give a quick and instant pick-me up for dull, lifeless skin. The perfect way to experience a taste of the world renowned Elemis Facials, An excellent pre make-up facial for that very special occasion.

Elemis Advanced Anti-Ageing Facials

Elemis Facials provide the perfect skin maintenance, using exceptional skin conditioning plant actives to deeply cleanse the face, whilst renewing radiance and stimulating the skin for long-lasting, proven results..

Elemis Visible Brilliance Facial - 75mins €90.00

This Anti-Ageing facial instantly firms, rejuvenates and plumps up the skin, whilst reducing dark circles from around the eye contour. Proven moisture levels increase by up to 38% and elasticity by 28% after just one treatment.

Pro Collagen Quartz Lift Facial - 75mins - €90.00

An advanced anti-aging facial, proven to reduce the number of wrinkles by 94% and improves skin firmness by 57% just after one treatment. Protects against the signs of ageing, appearance of lines & wrinkles, restructuring the eye contour.

Elemis Tri-Enzyme Facial - 60mins - €90.00

This facial visibly resurfaces the skin by up to 75% and improves skin smoothness by up to 32% after just one treatment. Dramatic results to fine lines and wrinkles, acne and superficial facial scarring..

Elemis Oxygen Skin Calm Facial - 75mins - €90.00

This face and eye treatment is pure soothing heaven for sensitive skins.

Elemis S.O.S. Purifying Facial - 75mins - €90.00

This powerful purifying facial and eye treatment is ideal for oily, problem and congested skins.

Elemis Absolute Spa Ritual - 105mins - €125.00

From the soles of the feet to the crown of the head, this is the ultimate skin therapy. Choose one elemis Advanced Facials and combine it with the powerful effects of the Elemis Deep Tissue Back Muscle Massage. For dramatic results instantly!

Face and Body Sensation - 55mins - €90.00

A hot and cool stones half body massage combined with an anti ageing booster facial.

Choose between

Re-Energizer an ice cool thermal massage to relieve stress tension and ease aching muscles followed by a booster facial

Tranquility a soothing massage to induce a deep level of relaxation and calm your mind followed by a booster facial

Men Facials

Elemis Skin IQ Facial - 75mins - €90.00

An intelligent Anti-Ageing facial that adapts to boost the skin. Prescribed to protect against the harsh, ageing effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

Elemis Urban Cleanse Facial – 60mins - €70.00

A high performance complexion cleanse for total skincare defense. This super-grooming facial decongests the skin, working overtime to eliminate blocked pores, neutralize impurities and reduce sensitivity.

Elemis Total Timeout - 105mins - €125.00

Achieve the ultimate goal for complete skin, body and lifestyle management.

Select either the Elemis Skin IQ or the Elemis Urban Cleanse power-packed facial and combine it with the dynamic and immediate relief of the Elemis Deep Tissue Muscle Massage. Total Time Out

ELEMIS BODY THERAPY

Elemis Deep Tissue Muscle Massage- 60mins - €85.00

Submit your body to a vigorous workout of deep rhythmic pressure massage.

Focused on relieving specific stress and muscle tension, this powerful, customized massage, uses dynamic blends of essential oils to suit individual needs.

Elemis Deep Tissue Back Massage- 30mins - €55.00

Maximum tension-relieving results for those with minimal time.

Specifically targeting the back, shoulders and neck areas, this powerful massage is focused where you need it most. Can be combined with elemis facials as a pre-facial relaxer!

Traditional Swedish Massage- 60 mins - €75.00

Traditional Swedish Massage- 30 mins - €50.00

Elemis Aroma Stone Therapy - 60mins - €90.00

Harnessing ancient healing power, for a completely new body experience.

Hot Basalt stones are placed on key energy points, while signature massage techniques are combined with luxuriously warmed oils to deeply relax and rebalance the mind and body.

Elemis Nurturing Massage for Mother-to-Be - 75mins - €90.00

Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialized positioning is used to ensure the ultimate in comfort and relaxation, relieving tension in the back and alleviating swelling in the hands and feet.

Recommended: 1 treatment every 2 weeks in 2nd trimester.

1 treatment every week in 3rd trimester.

Elemis Exotics

Elemis Exotic Lime and Ginger Salt Glow - 30mins - €50.00

An exotic exfoliation ritual to invigorate and revitalize the body.

Elemis Exotic Lime and Ginger Salt Glow deep cleanses, polishes and softens to perfection, while exotic Island Flower Body Lotion leaves the skin glowing and vibrant, replenished and flawless.

Devils Mint Body Polish 30mins - €40.00

Stimulates and revitalizing the body through the removal of dead skin cells leaving the skin smooth and silky

Exotic Coconut Rub and Milk Ritual - 60mins - €70.00

A traditional Balinese ceremony of pure sensuality to tantalize and delight!

This opulent exotic wrap is excellent for skin smoothing and softening, all combined with a facial pressure point massage and de-stress scalp treatment to stimulate the senses.

Exotic Frangipani Body Nourish Wrap - 60mins - €80.00

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Exotic aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi used in this wrap, providing the ultimate radiance, vitality and all over body glow.

Elemis Aroma Spa Ocean Wrap - 75mins - €90.00

Seaweed wrap treatments detoxify and deep cleanse the body inside and out. Let your thoughts drift away, whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.

• Musclease Aroma Spa Ocean Wrap: a warming blend of Pine and Rosemary helps ease the pains of rheumatism, arthritis and fatigue.

- *Cellutox Aroma Spa Ocean Wrap: a detoxifying blend of Juniper and Lemon decongest and stimulate the body's systems. Improve the dimpled appearance of cellulite and reduce fluid retention.*

Alternative and Spiritual Treatments

Reflexology - 60mins - €75.00.00 - 30mins €50.00

Therapeutic pressure point massages working on the reflex zones of the feet which correspond to different parts of the body. Stimulating these reflexes can help many health problems in a natural way. Restores natural balance and harmony. Heavenly.

Indian Head Massage - 30mins - €50.00

Indian head massage is the ancient form of head, neck and shoulders massage to relieve tension and stress. It is used to stimulate or sedate the nervous system and is excellent for relieving migraines.

Rasul €65.00 per person

Indulge in the decadence of the Rasul mud Chamber for a minimum of two people & a maximum of four you can share with a friend or partner. Enter the Rasul Chamber where a mud ceremony is enacted with therapeutic mud's. Relax in your heated seat whilst the chamber fills with steam and eastern sounds whilst five hundred stars twinkle in the sky. When the steam phase ends enjoy the hot tropical rain shower which rains down upon you. Probably the most "fun treatment" you will ever enjoy & it will leave you with glowing skin and soaring spirits.

Minimum of 2 people Maximum of 4 people

Body Sculpting Cellulite and Colon Therapy - 60mins - €95.00

Using the new clinically proven Elemis Body Sculpting system, your silhouette will be redefined. The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream target stubborn cellulite and sagging skin, for visible, rapid results. A detoxifying Fennel and Birch peel off body mask is also applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.

*Recommended: 2 treatments per week for 4 weeks,
1 a month for maintenance*

Balneotherapy Bath €45.00

-252 jets to massage the body from head to toe

Dry Floatation €45.00

*-Relaxing weightless treatment to relieves muscle ache & tension
20mins equals 3hrs deep sleep for the body*

MANICURES AND PEDICURES

Jessica Deluxe Pedicure 60mins - €65.00

This luxurious treatment includes exfoliation, critical and nail treatment hydrating foot mask, foot massage finishing with a file and polish.

Jessana Full Manicure 45mins - €50.00

Deeply nourishing for hands & nails. Including a heat treatment with hand massage and anti ageing serum cuticle and nail work, Finishing with a file and polish.

Jessica Mini Pedicure -30mins -€40.00

Jessana Mini Manicure 30mins -€35.00

File and Polish €25.00

Spray Tanning – WOW BROWN

Full Body Polish & Spray Tan € 60.00

Full Body Tan €35.00

Half Body Tan € 25.00

Waxing Treatments

Full Leg Wax € 35.00 Eyebrow Tint €10.00

Half Leg Wax € 20.00 Eyelash Tint €15.00

Underarm Wax € 15.00 Eye lash wax/Tweeze €12.00

Bikini Wax € 20.00 Eye collection €35.00

Back Wax/Chest € 30.00 to €35.00

Lip Wax € 10.00

Lip & Chin Wax €15.00

Chin Wax €12.00

Specialised Waxing

Brazilian wax (Landing strip) €30.00 to €35.00

Hollywood Wax (All off) €40.00

Mid-week specials Monday to Friday

Balneotherapy Bath E35.00

252 jets massage the body from head to toe, to drain away the day's stresses

Dry Floatation E40.00

The floatation water bed that supports the weight of the your body allowing your muscles to completely relax, 20mins equals 3hrs deep sleep for the body

Swedish Full Body Massage 55mins E60.00

Elemis Skin Specifics Facial 55mins E60.00

Aroma Spa Ocean Wrap 75mins E80.00
Seaweed wraps to detoxify and deeply cleanse the body inside and out. Choose between the Musclease wrap of the Cellutox wrap

Hot Stone Massage 75mins E80.00
Hot Basalt Stones are placed on key energy points while signature massage techniques are combined with luxurious warmed oil to deeply relax and rebalance the body and mind

Elemis Advanced Anti Ageing 75mins E80.00
-Pro Collagen Quartz Lift Facial
-Visible Brilliance Facial
-Tri Enzyme Resurfacing Facial

Villa Spa Day Package Menu

Supreme Day Package - Total Cost €290.00

This Supreme Day Package will leave you feeling totally rejuvenated as you indulge in the best of our marine treatments. Four Hours of pure indulgence keeps you in the spa for the full day where you will relax in-between treatments in our divine tranquility room, lunch in our great juice bar and avail of our hydrotherapy pool and thermal facilities. The following treatments are included in your package:

- Balneotherapy Detox Ocean Bath or Musclease Herbal Bath Synergy,*
- Elemis Coconut Rub & Milk Ritual Wrap,*
- Dry Floatation with Skin nourishing milk wrap or Musclease hot oil wrap*
- Light & Healthy Lunch,*
- Elemis Pro Collagen Quartz Lift Facial*
- Swedish Full Body Massage 1hr*

Discovery Day - Total Cost: €260.00

Begin to uncover the wonders of spa with this Discovery Day Package. Three hours & thirty minutes of fantastic treatments with full access to all our relaxation & thermal facilities

- Elemis Ginger & Lime Salt Glow,*
- Balneotherapy Detox Ocean Bath or Musclease Herbal Bath Synergy,*
- Dry Floatation with Skin nourishing milk wrap or Musclease hot oil wrap*
- Light & Healthy Lunch,*
- Elemis Visible Brilliance Facial or Pro Collagen Quartz Lift Facial*
- Swedish Back Massage*

Deluxe Day Package – Total Cost: €230.00

Our Total Well-Being Day Package gives you a feel of some of the best of our treatments. A great introduction to the world of spa, for the un-initiated or just a pure indulgence for your regular visit offering lots of variety. Three hour & thirty minutes of treatment with full access to all our relaxation & thermal facilities.

- Elemis Lime & Ginger Salt Glow,*
- Dry Floatation with Skin nourishing milk wrap or Musclease hot oil wrap*
- Balneotherapy Detox Ocean Bath or Musclease Herbal Bath Synergy,*
- Light & Healthy Lunch,*
- Elemis Skin Specific Facial*
- Elemis Aroma Spa Ocean Wrap*

Special Mum-To-Be - Total Cost: €230.00

Just because you are pregnant does not mean that you cannot indulge in some beautiful treatments. On the contrary it is just the time when you might be in greatest need of it! Our Mum-To-Be package offers, three hours on treatments specially designed for you and will help in top condition during this very demanding time.

- Elemis Devils Mint Body Polish,*
- Elemis Visible Brilliance Facial or Pro Collagen Quartz Lift Facial*
- Light & Healthy Lunch,*
- Jessica Mini Manicure*
- Full Jessica Pedicure 1hr*

Vitality Break - Total Cost: €180.00

Our Vitality Break is for those who need a boost but have limited time. All the products used during treatment are designed to invigorate body, skin & spirit.

- Balneotherapy Elemis Detox Ocean Bath or Musclease Herbal Bath Synergy,*
- Elemis Ginger & Lime Salt Glow,*
- Dry Floatation with Skin nourishing milk wrap or Musclease hot oil wrap*
- Light & Healthy Lunch.*
- Elemis Skin Specific Facial*



THE VILLA SPA TERMS & CONDITIONS

The villa spa is only available to persons over the age of 18.

We recommend you book treatments 4 to 6 weeks in advance to avoid disappointment. Spa bookings will only be accepted on receipt of Credit Card reference. Hotel residents may charge their treatments to their room but will still need to supply Credit Card reference when booking any Spa treatment.

Cancellation Policy:

48 hours notice is required for all cancellations. After this time 50% of the total treatment charge will be levied to your card. If less than 12 hours notice given for cancellation the full cost of treatment will be levied to your Credit Card.

Arrival Times

It is essential that all guests present to reception upon arrival 30 minutes prior to commencement of treatment in advance in order to complete a consultation form or assessment as may be deemed necessary by the manager on duty. Likewise all treatments during your visit must commence at the exact appointed time. Lateness on your part will result in a reduced treatment time at the full listed price.

Clothing Requirements

The Villa Spa will Provide Robes, Slippers and Towels for the duration of your visit Gentlemen must wear swim shorts through all treatments. Disposable underwear will be provided to ladies where necessary. The entire Villa Spa area wish for everyone to thoroughly enjoy their time with us we would like to promote an environment of mutual respect in relation to noise etc. The Villa Spa accepts no responsibility for loss or damage to personal property on or about the premises all personal items must be stored in the lockers provided. Handbags are not permitted in the treatment areas and must be stored in the locker provided. It is our recommendation that you do not wear jewellery during treatments.

ALL LISTED PRICES ARE CORRECT AT THE TIME OF PRINTING AND ARE SUBJECT TO CHANGE